

USING BINOCULARS

If you wear spectacles adjust the eyepiece to bring the lens closer to your eye. Without spectacles adjust the eyepiece out.

Adjust the binoculars on the centre hinge until you can see clearly through both sides. If you see two circles try again.

With the right eye closed focus, using the left eye, on something about six metres away. Don't change this focus.

With the left eye closed adjust the focus on the right eyepiece using the diopter adjustment.

Try with two eyes. Both should see a clear image. Practice focusing on objects at different distances.

TO LOOK AT A BIRD.

Hold the binoculars at chest height and find the bird with the naked eye. Look for movement.

Keep your eyes on the bird, lift the binoculars and place them in front of your eyes pointing at the bird so it will be in sight. Focus to get the clearest view. This requires practice.

If you drop your eyes into the binoculars you will lose the bird and probably have to start again.

Practice until focusing is automatic.

Clean the lens with a soft brush and a lens cloth only. If very dirty wash waterproof ones under a gentle tap. Clean the body with a damp cloth.